

# International Hermeneutic Society, Tan y Garth Hall

The Love of God - The Dignity and Brotherhood of Man - The Responsibility of the Individual

## Events Programme July 2017 – March 2017

### Saturday 22<sup>nd</sup> July

#### Balance

##### Leeon Wong

Using the Collective Works of Eugene Halliday, 'The Blue Books', to look into the balance of affect and cognition, feeling and intellect and of energy-charge and form. During the day we will look through the Blue Books at some of the concepts and ideas they contain on Balance and related subjects.

Exploring how these can be used to help us to see the push and pulls of life and how our responses to these can be freed from ingrained mechanical action/reaction to a more free and immediate way of life. With the aim to intuit the still point of non-judgemental pre-polarised energy around which life turns.

Leeon is a long standing member of the IHS a period which has also included time as a council member. He was introduced to Eugene Halliday's work through tapes and books some 27 years ago. Since the introduction Leeon has been trying to understand and apply the teachings of Eugene Halliday into his everyday life. For 20 years Leeon was a student of the IHS former Hon. President Don Lord. Don was a profound thinker and deeply versed in Eugene's work having been a close friend and student of Eugene's since 1942.

### Saturday 19<sup>th</sup> August

#### An Introduction to Wild Goose Qigong

##### Sheila Taylor

"Wild Goose Qigong 1<sup>st</sup> 64 (Dayan Qigong) is well known for its lovely, graceful, flowing movements which are suggestive of an innocent and carefree wild goose.

It has been practiced for nearly 2000 years, the movements are designed to nourish our qi, and balance its flow round the body. The movements are outwardly gentle and graceful and inwardly powerful. You can find more information on [www.wildgooseqigong-uk.com](http://www.wildgooseqigong-uk.com)



They can be adapted for various levels of physical ability, and can even be performed sitting on a chair. All you need is to wear loose, comfortable clothing, and flat shoes, or socks, or bare feet.

Come and discover how Qigong can improve your health and well-being – join us to learn these beautiful, relaxing, health giving exercises."

I have been interested in the work of Eugene Halliday nearly forty years. I have been practicing Wild Goose qigong for twelve years, and teaching for four years. I am continually refining my own qigong through my own practice, and with our group in Greater Manchester. You will find our lineage described on the wild goose website

### Saturday 9<sup>th</sup> and Sunday 10<sup>th</sup> September

#### Working Weekend/Skills Sharing (shared catering)

A weekend involving practical work like grounds maintenance and work inside the hall.

This is a shared catering weekend where basic food will be provided.

Participants will need to bring their own sheets and towels.

Due to its practical nature and the help given there is no charge for this weekend.

### Friday 15<sup>th</sup> - Sunday 17<sup>th</sup> September

#### Mythology and the Hero's Journey in Film

##### Derek Murray

This talk was originally given earlier this year and was very well received. It is being repeated by request and expanded into a weekend event.

Since before recorded history began we have been telling ourselves stories as a means of preserving culture and passing on wisdom from generation to generation. Some of the most profound stories come down to us in the form of myths embedded into popular culture. With reference to the work of Joseph Campbell and Christopher Vogler and including an analysis of "The Matrix", this event will explore the Hero's Journey mono-myth in contemporary popular cinema. This will be an expanded

Derek Murray is a professional filmmaker with experience of both the UK and Hollywood film industries who currently works as a senior lecturer in VR Media, Film and Television production at Edge Hill University Ormskirk.

### Saturday 23<sup>rd</sup> September

#### Sacred Drama

##### Dr Alan Roberts

We will be working firstly in experiencing the complex relations and alignments within the family web and the influences acting across generations, between siblings and in differing contexts and roles. Often these meaningful patterns and actions are held or fixed between individual positions and places; perhaps once they were intensely necessary but now they can be dysfunctional and impede any new movement and

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progress in life. Our work, with the help of others, is to become aware of these alignments and to release or re-align them.

Awareness of family networks and resonances may be already moving in you, and presenting relational issues for you to see more clearly and to work with. We will not all be able to do our exercise in this one day, but we will be involved in others that will meaningfully connect with our own networks. Some sessions only seem to take minutes, some hours, as those of you know who have worked in this way before, but always they are meaningful to all observing and involved.



Please dress in layers [the hall should be warm] that allow for movement [loose pants, sweaters and thickish socks are usual].

Alan was born in Liverpool in 1950 and attended with steadily increasing age and mounting sagacity, Madeley College, and the Universities of Keele and ultimately Liverpool. The subjects that he talks on are ones that he finds particularly valuable or fascinating – and often both – ranging through subjects or authors as the Perennial Philosophy, Shakespeare, or Patanjali, to the Tibetan Book of the Dead and Finnegans Wake. Each of these are chosen for various reasons that he attempts to explain within the talks themselves most of which are freely available at [alanroberts.org](http://alanroberts.org). The mainspring of the all talks here are the ideas he gained from his friendship with Eugene Halliday.

### Saturday 14<sup>th</sup> October

#### The Tibetan Book of the Dead

Dr Alan Roberts

A day based on the concepts presented in The Tibetan Book of the Dead

### Friday 3<sup>rd</sup> – Sunday 5<sup>th</sup> November

#### An Introduction to Homeopathy and Bach Flower remedies

Andrew Berwitz

Andrew is a practicing Homeopath and is a long standing member of the IHS.

### Friday 1<sup>st</sup> - Sunday 3<sup>rd</sup> December

#### The Practice of the Presence of God

Carol Richards

A weekend retreat studying and reflecting on the practical application of the writings of Brother Lawrence in the light of the works of Eugene Halliday.

After studying with the Shivananda school of Yoga in India Carol gained a teaching certificate with the International Yoga Fellowship. Whilst teaching on the Wirral she then formed a link with the IHS and its founder Khen Ratcliffe in the late 1970's.

A long standing member of the IHS, Carol has taught The Art of Yoga, Stress Management and related subjects over the years.

### Saturday 3<sup>rd</sup> February 2018

#### The Art and Science of Adapting Yoga Practice to Enhance Mobility and Sporting Performance. A Physiotherapist's Perspective.

Siobhan Miller

This one day workshop focusses on applying precision in the fundamental practice of yoga movement, based on individual needs to enhance mobility and sporting performance.

The workshop is intended to accommodate participants with a wide variety of needs and abilities in performing yoga – indeed a mix of individuals with differing physical natures will help us explore how we can adapt various postures to accommodate such differences.

The underlying theme is that achieving excellence in the performance of fundamental yoga postures is more demanding and valuable than sub-standard performance of more advanced technical postures.

Siobhan is a qualified physiotherapist and sees Yoga as integral in her treatment for a range of injuries and their prevention. This is based on personal experience following a skiing accident, in which she needed to make some big changes to the way in which she took care of her body to prevent future injuries. Siobhan has a passion for the outdoors, is a qualified mountaineering instructor and has a particular interest in adapting yoga practice to individual's specific needs for enhanced mobility and accommodation of sporting interests.

For more information visit <http://www.equinoxactive.com>



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**Saturday 24<sup>th</sup> March**

**Bliss Through Yoga**

**Val McLeod**

More details to come



For information contact Val on 07814008590; [yogawirral@gmail.com](mailto:yogawirral@gmail.com)

Val McLeod is an experienced Iyengar Yoga tutor (precision, safety, and sequencing).

A contributor with, Les Bolland, (USA) in workshops combining Yoga, Swingolf, Macrobiotic cooking and Shiatsu massage, Val has a warm personality, ensuring every participant is welcomed and supported!

### Booking for All Events

Reservations will only be confirmed on receipt of a non-returnable deposit of £50 for Residential Weekends and £20 for One Day Events.

**Will everyone include their: full name, address, phone numbers and email address in all correspondence.**

The balance is due, at the latest, 14 days before the course.

Places are limited so please book early. Most bedrooms are shared. All only contain single beds.

Cheques to be made payable to I.H.S. and send your booking to:

International Hermeneutic Society

Tan y Garth Hall,

Pontfadog,

Llangollen,

Clwyd.

LL20 7AS

### Residential Weekends

Members £150 (Annual Membership is £45 UK, £55 Non UK.)

Non-members £170

Arrival no earlier than 7.30pm Friday night. No evening meal. Sandwiches and drinks at 10.0pm.

All courses will begin at 8.30pm on Friday.

Departure by 4pm Sunday.

IF TRAVELLING BY CAR PLEASE BRING YOUR OWN SHEETS OR SLEEPING BAG.

PLEASE LET US KNOW WHAT YOU INTEND TO BRING.

All meals are provided.

### One Day Events 10am – 5pm

Members £55

Non-members £65

Morning coffee on arrival, lunch and afternoon tea are provided.

Afternoon Events 2pm - 4.30pm

This event costs £15 for all. Afternoon tea is provided.

### All Events

All food is strictly vegetarian.

Please notify us of any special dietary requirements when booking.

To help prevent staining the carpets, please bring a change of footwear for indoor use.

[www.hermeneutic.co.uk](http://www.hermeneutic.co.uk)

For further information and booking phone 03003021936 (local rate) or email [info@hermeneutic.co.uk](mailto:info@hermeneutic.co.uk)